



ROSA VOICE

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July - Sept 2018

IOA President Theme

'Train the Young to Enrich the Future'



President's Message

Dear Friends & Colleagues

With a new issue of ROSA VOICE, as always, I would like to share my perception on the currently ongoing various activities of ROSA. Since recent past, my motto remains to promote the local faculties of Rajasthan, which would encourage the upcoming younger generation so that they could take the lead in the field of orthopaedics.



This year in the field of academics, research we organized various CME's and Workshops in the state and I am happy to inform you that every ROSA member supported us wholeheartedly to accomplish the task. Our colleagues are well established in all sub specialities and doing good work. My emphasis is to add more activities like training and fellowship programs for our young surgeons.

In my last communication I had proposed formulation of ROSA SOP's (Standard Operating Procedures) for various musculoskeletal disorders and I believe with co-operation of all the members of ROSA, We can definitely go forward to achieve this goal. I am happy to inform you that all the city chapters celebrated BONE and JOINT WEEK program with great enthusiasm and vigor and they deserve full appreciation from ROSA.

We had "MID TERM ROSACON 2018 SHOULDER 360" at Jaipur and I congratulate Dr. Saurabh Mathur Organizing Secretary and his team who made this event a memorable one. It is always important to solve the improbable, disrupt the imprecise and discard the redundant, and I think midterm ROSACON 2018 was able to achieve this target.

The Lake city of Udaipur is ready to welcome you at ROSACON 2019 in February 2019, it will be unique opportunity to share and enrich the knowledge on the latest research and development in the field of orthopaedics. Organizing team of ROSACON 2019 under the able leadership of Dr B.L Kumar Organizing Chairman and Dr Anurag Talesra Organising Secretary are making this conference one of the best ever and the whole organizing committee will not be leaving any stone left unturned in providing the best of academics and an unforgettable cultural experience. Recently I had been to Udaipur and had interaction with the organizing committee. The venue Labhgarh Palace Resort has all the facilities and is a very good site for the ROSACON. Infrastructure which is required for the conference is available there and I hope delegates will cherish the scientific as well as socializing event to the maximum.



I am confident you will enjoy not only the scientific program but also the myriad aspects of Udaipur's magnificent culture and the delightful social event that have been planned by the enthusiastic organising team.

IOA theme this year is "Train the young, to enrich the future" and I hope this aim will be accomplished by combined efforts of senior and junior Members of ROSA.

With warm regards

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Dr. Mahesh Gupta

President ROSA

Message from the Secretary



The big event of the quarter was the Mid Term ROSACON 2018 at Jaipur on Sunday 15th July 2018, focused on 'Shoulder 360°'. The Organising team lead by Organising Secretary Dr. Saurabh Mathur showcased an excellent meeting with great team work. National and state faculty actively participated with live surgery, surgical video and panel discussions. PG Quiz was conducted by Dr. Ashish Jaiman and team with participation from all Medical colleges across Rajasthan. Dr. Laxman Choudhary (SMS Medical College, Jaipur) was the winner of the Dr. Girija Nath – Leela Sen Gold medal for standing 1st in the ROSA PG Quiz. All appreciated the scientific content, punctuality, smooth conduct and the ever smiling gracious hospitality.

Bone & Joint week was celebrated across Rajasthan from 1st to 7th August 2018. Free consultation and surgeries, BMD camps, Public awareness lecture and rallies were held at Ajmer, Jaipur, Jodhpur, Kota, Udaipur and many other places. Road safety poster of IOA was released by the Commissioner of Police at Jaipur on Bone & Joint day 4th August 2018.

Our Fellowships are now a reality. Dr. Umesh Meena and Dr. Gaurav Garg completed ROSA – JOS Overseas Fellowship with British IOS in UK from 1st to 15th July 2018. Dr. Sahil Gaba found the ROSA – CS Goyal Fellowship in Adult Reconstructive Surgery with Dr. Sachin Tapasvi at Pune a very learning experience. Dr. Khushwant Singh Rathore has completed ROSA - Smt Sarawati Siwach Fellowship in Paediatric Orthopaedics with Dr. Sandeep Patwardhan at Pune. ROSA – COE at Jaipur in various sub-specialities have been completed by most. ROSA – Dr. M P Udawat Fellowship in Foot & Ankle surgery will be started soon.

ROSACON 2019 from 15th to 17th February 2019 is at Labhgarh Resort, Udaipur. Dr. Anurag Talesra, the Organising Secretary has already sent out the 1st brochures.

The last quarter witnessed Basic Ilizarov Course (Bikaner), Foot and Ankle Meeting (Jaipur), Pelvi Acetabular meeting (Jaipur), Case based meeting (Jaipur) and many other small meetings. Indian Arthroplasty Association (IAACON 2018) at Neemrana from 16th to 18th November 2018 and Indian Cartilage Society Meeting 7th and 8th December 2018 at Jaipur.

ROSA Election process has been completed. The elections were conducted by Dr. Vinay Joshi, President Elect ROSA as the election officer. Congratulations to the unanimously elected President Elect Dr. Rajesh Goyal (Kota).

ROSA Award for Best publication in Peer reviewed Indexed Journal for Cash Prize of Rs. 20,000/- is for encouragement to publish the good work being done. GR Sharma Gold medal for Best publication in ROSA Voice also awaits your scientific contribution. Membership continues to grow. Regular communication with all members through bulk message has been continued.

Visit the ROSA website (www.rajortho.org).

I look forward to your continued support and guidance. Wishing you and all your near and dear one a very Happy Dussehra and Deepawali.

Jai ROSA!! Jai Hind!!

Jayant Sen
Dr. Jayant Sen

Secretary ROSA

Editor's Note... ✍

Dear Readers,

We are pleased to present to you the 3rd issue of 2018 ROSA Voice. The past few months have seen a fervor of activity throughout the state. The young orthopedic surgeons have scaled new frontiers of knowledge with the impetus provided by the newly found ROSA fellowships. It's heartening to witness the growth in academics in the region.

We wish you all the best of the festive season and encourage you to continue the burgeoning growth in orthopedics in our state. Please continue to write to us with your feedback as well as the updates on orthopedic activities in your region.

We would like to see more scientific material in up coming ROSA voice as Original articles , Review Articles and Interesting case reports.



Dr. Kapil Gangwal



Dr. Kuldeep Nathawat



Dr. Saleh M. Kagzi

ROSA Fellowships - 2019

ROSA – JOS Overseas Fellowship (U.K.) - 2 Positions

ROSA – C. S. Goyal Fellowship (Adult Reconstructive Orthopaedics) - 1 Position

ROSA – Smt. Saraswati Siwach Fellowship (Paediatric Orthopaedics) 1 Position

ROSA – Dr. M.P. Udawat Fellowship (Foot and Ankle Surgery) – 1 Position

**Please apply with your CV to Dr. Jayant Sen, Secretary ROSA
at senjayant@yahoo.com**

Last date for receiving applications – 31st December 2018

Mid Term ROSACON

The Mid Term ROSACON was held at Hotel Royal Orchid, Jaipur on Sunday 15th July 2018. The meeting was organized by Dr. Saurabh Mathur. The meeting, titled “SHOULDER 360°” covered all shoulder ailments which orthopaedic surgeons face in day to day practice. The meeting was attended by more than 150 orthopaedic surgeons across Rajasthan. The opening ceremony was graced by IOA, ROSA and JOS executives Dr. Rakesh Bhargava, Dr. R.C. Meena, Dr. Mahesh Gupta and Dr. Jayant Sen.



The meeting covered almost all shoulder problems ranging from trauma, soft tissue injuries, instability, shoulder arthroplasty and tumors around shoulder. There were interactive sessions like case discussions, crossfire sessions and debates.



Two national speakers were Dr. IPS Oberoi from Delhi and Dr. Karthik Selvarajan from Coimbatore. Two live surgeries were performed - one Arthroscopic Cuff repair and other for Shoulder instability. Four Alex models stations were also available so that young surgeons could perform hands on training.



PG quiz was moderated by Dr. Ashish Jaiman. Dr. Laxman Choudhary (SMS Medical College, Jaipur) was the winner of the Dr. Girija Nath – Leela Sen Gold Medal. He along with Dr. Rahul Lamba will represent Rajasthan at IOACON 2018 at Coimbatore.



Bone and Joint Week 1st to 7th August 2018

AJMER

04th August 2018

Seminar on Road safety- Dr. Mahesh Gupta (President ROSA), Dr. N. L. Jhamariya, Dr. S. K. Bhaskar, Dr. Hemeshwar Harshwardhan.



05th August 2018

Walk for health- Dr. Mahesh Gupta (President ROSA), Dr. N. L. Jhamariya, Dr. Hemeshwar Harshwardhan.



6th August 2018 BMD CAMP

03rd August 2018

Staff seminar on Road Safety Awareness— Dr. Jayant Sen, HOD, SDM Hospital, Jaipur and Secretary ROSA



Seminar on Road Safety Awareness - Road Safety and Rules pledge

JAIPUR

4th August 2018

Road Safety Awareness Poster release by Commissioner Jaipur Police Sanjay Agarwal with Vice President IOA Dr. R. C. Meena, Vice President JOS Dr. Narendra Joshi, Secretary ROSA Dr. Jayant Sen, Treasurer Dr. Rahul Katta and senior ROSA and JOS members Dr. R. C. Bansiwala, Dr. S. B. Solanki, Dr. R P Assat, Dr. Ratan Dayma, Dr. Ramesh Vijay.



4th August 2018

CME on 'Changing Scenario in Orthopaedic Practice'

Speakers - Dr. S. B. Solanki, Dr. Anoop Jhurani, Dr. Neeraj Agarwal

Moderator – Dr. Rahul Katta

Panelist – Dr. Rakesh Bhargava, Dr. R.C. Meena, Dr. D. S. Meena, Dr. Vinay Goyal, Dr. Ashish Sharma



05th August 2018

Free OPD Consultation camp at Santokba Durlabhji Memorial Hospital, Jaipur Dr. Shailendra Shrivastava, Dr. Ashish K. Sharma, Dr. Jayant Sen, Dr. Kapil Gangwal, Dr. Amit. Mittal, Dr. Harish Tareja and team.



Free OPD at Metro Mas Hospital, Jaipur
by Dr. S. S. Sankhla and team



JODHPUR

03rd August 2018

Dr. Kishore Raichandani, Prof & HOD Dept of Orthopaedics, Dr. S. N. Medical College & Group of Hospitals Present President (JOSS) & Dr. Hemant Jain Asso. Prof S.N. Medical College & MG Hospital. Present Jt. Secretary (JOSS) conducted Safety Awareness Class & PPT presentation on Importance of Road Safety (IOA President's Theme-2018) at Mahatma Gandhi Hospital for Nursing & Medical Students.



05th August 2018

Dr. Rajeev Siwach Immediate Past President ROSA-JOSS, Director Saraswati Hospital, Jodhpur presented & took awareness on Road Safety Seminar & encouraged Children of Vidhya Valley Sr. Sec. School along with active participation of TRAFFIC Police Dept & Chief Guest Additional SP Nirmala Vishnoi gave valuable inputs and spoke on the importance of following Road Safety Traffic Rules to the School Children & common public.



06th August 2018

Dr. Rahul Garg, Sr. Consultant & Head Dept of Joint Replacement & Orthopaedics, Medipulse Hospital Secretary (JOSS) along with Mahaveer International Society conducted Free OPD Camp and Common Public Awareness Lecture at Nagaur.



07th August 2018

All the Orthopaedic Surgeons of JOSS notably Dr. Kishore Raichandani, Dr. Rajeev Siwanch, Dr. Mahesh Bhati, Dr. Rahul Garg, Dr. Rajeev Jain, Dr. Manohar Parihar, Dr. Hemant Jain, Dr. Hitesh Chouhan, Dr. Ashok Bisnoi & Dr. Ramakishan Choudhary. participated in rendering their OPD services Free for the poor & Common Public & BMD Camp along with Lions Club West & Shraddha.



07th August 2018

Prof & Unit Head Dr. Arun Vaishy took Road Safety awareness lecture & PPT presentation for Nursing & Medical Students at M.D.M Hospital, Dr. S.N. Medical College



KOTA

04th August 2018

Poster release on Bone and Joint Day- Dr. S. N. Soni President Kota IMA , Dr. N. K. Gupta President KOS, along with Dr. Gaurav Rohatgi Secretary KOS and other Senior members.



UDAIPUR

02nd August 2018

Rural area camp in village Dhikali followed by talk on Degenerative Osteoarthritis knee and patient consultation given by UOS team. Camp was attended by more than 500 patients, free drugs and tubular knee caps were also distributed during the camp.



3rd August 2018

Road safety awareness rally at Fatehsagar was attended by more than 300 members and morning walkers including Dr. B. L. Kumar President UOS, Dr. Anurag Talesra Secretary UOS and senior UOS members.



04th August 2018

UOS Clinical meet on Management of Acute Periprosthetic Joint Infection – The One Stage Exchange.



Lecture on Osteoporosis given by Dr. Vinay Joshi, Dr. Anamendra Sharma and Dr. Anurag Talesra at Alok School. Program attended by more than 200 female students.



05th August 2018

Super Speciality camp was inaugurated by Dr. D. P. Singh, Principal and Controller, R.N.T. Medical College, Udaipur. More than 600 patients were benefitted in this camp.



City Chapter Reports

Bikaner Basic Ilizarov Workshop and Live Surgery

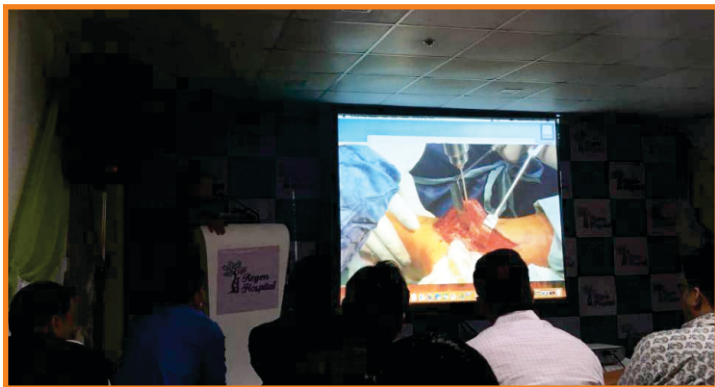
Basic Ilizarov Workshop and Live Surgery was Organised by Department of Orthopaedics at Trauma Centre, S.P. Medical College, Bikaner under supervision of Dr. B.L. Khajotia Sr. Professor & HOD Department of Orthopaedics on 8th July 2018. Eminent national faculty included Dr. Ajit.K. Patil (Vadodara), Dr. Amar Soni (Dahod) and Dr. Jayant Sen Secretary ROSA, (Jaipur).

63 delegates were registered in this Workshop from different Medical Colleges in Rajasthan and across the country. Workshop was Organised in 3 Phases: Teaching of Basics of Ilizarov Technique by National Faculty. Live Surgery on Infected Non-union Tibia by national faculty was displayed directly to the delegates and active interaction was done between delegates and surgeon & Hands on saw bones workshop by delegates under supervision of faculty.



Jaipur Foot and Ankle Conference and Workshop

On 29th July, a one- day conference and saw bone workshop was organised in Regen Hospital, Sanganer in collaboration with JOS. Theme of the conference was “Need for Foot and Ankle as Orthopaedic Subspecialty “. Eminent national faculties in the field of Foot and Ankle gave expert clinical talks over Foot and Ankle conditions. It was followed by lunch and post lunch session with saw bone workshop on calcaneum fracture fixation, Lisfranc injuries and Tibio-talo-calcaneal fusion. Nearly 100 delegates attended the conference. Aim of the conference and Workshop was to spark the interest of young orthopaedic surgeons in the field of Foot and Ankle. Conference was concluded successfully with felicitation of the faculties and announcement of formation of Association of Foot and Ankle Surgeons (AFAS) Jaipur.



JOS Meeting at DNG Hospital

Jaipur Orthopaedic society and DNG hospital Organized a CME on pelvi-acetabular fractures on 25th Aug 2018. Dr. Vijay Sharma (Professor Orthopaedics, AIIMS Delhi) was invited as guest faculty. The meeting was attended by more than 100 orthopaedic surgeons. Dr. Vijay Sharma spoke on treatment modality of acetabular fractures. Young pelvi-acetabular surgeons presented their cases and panel discussion was held on complex pelvi-acetabular injuries by panelists Dr. Rakesh Dhukia (SMS Hospital), Dr. Sandeep Yadav (Mahatma Gandhi Hospital), Dr. Umesh Meena (SMS Hospital) and Dr. Prateek Goyal (SDMH). It was a great academic experience for all Orthopaedic surgeons. In the end vote of thanks was delivered by Dr. Naresh Goyal.



JOS Meeting at Hotel Fern

A clinical meeting of Jaipur Orthopedic Society was held on September 25th 2018, at Hotel Fern. This meeting had an interesting cases session where orthopedic surgeons from Jaipur presented their interesting and challenging cases.



Fellowship Report

ROSA - JOS Overseas Fellowship

We sincerely thank ROSA Fellowship committee, Dr. Rakesh Bhargava, Dr. Jayant Sen and everybody else involved in the selection, for giving us this wonderful opportunity. We had a great time visiting one of the premier institutes in UK, as ROSA Overseas fellows. It was a great learning experience for us and we gained a lot of knowledge through this visit.



We visited King's College Hospital, London and Orpington Hospital, London under the mentorship of Dr. Anand Arya for a period of two weeks. He is a wonderful teacher and a true gentleman. He helped us in every possible way so that we could make the most out of this visit. We learned new innovative tips and techniques from him. In addition we were acquainted with newer techniques of deformity correction in children. We also had the opportunity to discuss other cases which we encounter in our practice in India. These interactions greatly helped us in enhancing our overall understanding of the subject. Although the distance between the two hospitals was a bit of hassle, but Dr. Arya very thoughtfully arranged our schedule so that we wouldn't have to waste much of time in travelling.

We also had the privilege to meet other senior orthopaedic surgeons like Dr. Om Lahoti, Dr. Verma, Dr. Venu K, Dr. Chen to name a few. We really enjoyed their pre-planning, patient counselling and surgical sessions. They are all masters in their sub-specialties and their passion for work is beyond comparison. As fellows of ROSA, from India we received support and cooperation from other staff members as well, which was very praise worthy. We had a glimpse of the work culture in UK which is very different from ours. During our period we attended the audit meeting of the department as well as the monthly academic college meet. It was a good opportunity to upgrade ourselves and make new friends.

Apart from academics and the hospital work, Dr. Arya also made sure that we finished the clinics well in time to allow us to visit London, before sunset. We always received a call from Dr. Arya in the morning briefing us about our hospital schedule and the tourist places which we should cover on that day. Overall the fellowship was enjoyable and a great learning experience for us, which we are certain will benefit our orthopaedic career.

Dr. Umesh Meena, Dr. Gaurav Garg

Congratulations



Dr. Rajesh Goyal

Elected unopposed ROSA President Elect 2019

ROSA - CS Goyal Fellowship

It was a great learning experience to visit Dr. Sachin Tapasvi and assist and observe him performing surgeries. Although there is only so much a student can learn in one week's time (5/8/18/ -12/8/18). I was overwhelmed by the sheer variety of cases I saw, including Knee Replacement, Meniscal repair, HTO, ACL and PCL reconstruction, Revision ACL reconstruction, Rotator Cuff repair, etc. Apart from being an excellent surgeon, he is also a great teacher.



Even though he is such an accomplished surgeon, he is a very down to earth and a jolly personality. Apart from being a brilliant surgeon, he is also an outstanding physician. It was an unforgettable learning experience watching him examine and treat patients in the OPD. I hope to put the things I learnt from him into my own practice.

He is truly gifted as a surgeon; his surgical technique is crisp and flawless. The Fellowship was an honor.

My sincere thanks to ROSA, Dr. Jayant Sen, Dr. Naresh Goyal and fellowship selection committee for considering me worthy of this opportunity. I applaud the joint effort by ROSA and Dr. Sachin Tapasvi to provide young surgeons the opportunity to learn from the masters of the trade.

Dr. Sahil Gaba

ROSA - Smt. Saraswati Siwach Fellowship

It was a wonderful experience working with Dr. Sandeep Patwardhan at Sancheti Hospital 10th to 23rd September 2018. He is a great teacher and mentor. I learned lot of things including complex surgeries like Modified Dunn's osteotomy, triple arthrodesis, Single bone forearm.

Dr. Patwardhan's OPD included cerebral palsy, Pediatric trauma, DDH, SCFE, Perthes, vertical Talus, CTEV and a lot of flexible Pes Planus.



I learned technique of closed reduction of Pediatric forearm fractures, novel technique of reduction of Supracondylar fracture of Humerus by closed methods, VDRO for Perthes and DDH, triple fusion for adolescent club foot, hamstring release in CP and a lot more. I am grateful to ROSA for providing me such an opportunity.

Dr. Khushwant Singh Rathore

Minutes of ROSA Executive Committee Meeting

**Minutes of ROSA Executive Committee Meeting at
Board Room, Hotel Royal Orchid, Tonk Road, Jaipur on
Sunday 15th July 2018 at 11 am.**

The meeting was attended by — 1. Dr. Mahesh Gupta (President) 2. Dr. Jayant Sen (Secretary) 3. Dr. Rahul Katta (Treasurer) 4. Dr. R. C. Meena 5. Dr. Rajeev Siwach 6. Dr. Mohan Mantri 7. Dr. S. N. Soni 8. Dr. Kapil Gangwal 9. Dr. Rajiv Gupta 10. Dr. Kuldeep Nathawat

Leave of absence was granted to Dr. Vinay Joshi (President - Elect), Dr. Anurag Talesra, Dr. B. L. Kumar, Dr. C. K. Ameta, Dr. Deepak Jain, Dr. Hemant Jain, Dr. Gurdeep Singh, Dr. Jaswant Singh, Dr. M. S. Parihar, Dr. Saleh M. Kagzi and Dr. Subhash Rajotia for their previous personal commitments. Dr. Saurabh Mathur could not attend as he was busy with the conference.

1. The meeting was chaired by Dr. Mahesh Gupta (President). He thanked the ROSA Mid Term Organising team lead by Dr. Saurabh Mathur for the excellent arrangements and asked the Secretary Dr. Jayant Sen to start with the agenda.
2. Dr. Jayant Sen Secretary informed that he had no information regarding any unfortunate happening and that all members were in good health.
3. Smt. Saraswati Siwach Fellowship (Paed Orthopaedics) interviews were scheduled for 1 pm on 15th July 2018. The Executive Committee also deliberated on the Fellowship remuneration. It was agreed by all that all Inland National Fellowships will from this year carry a award of Rs. 10,000/- (Rupees Ten Thousand only). Members suggested an increase in the duration of fellowship from 1 to 3 weeks. A feedback from the fellows will be taken. Some members suggested to change the name from Fellowship to Observership considering the short duration of the fellowships. It was decided to continue as the same for the time being as the duration may be increased in the near future.
4. An award in the memory of Dr. M. P. Udawat had been proposed at the GBM at Ajmer by Dr. R. C. Meena. After due deliberation Secretary Dr. Jayant Sen proposed a Foot & Ankle Fellowship to be initiated as the subject was close to the heart of Late Prof. M. P. Udawat. Dr. R. C. Meena agreed to the same and said he would confirm in a few days after seeking blessings of Mrs. Udawat. Dr. R. C. Meena also confirmed to send a cheque of Rs. 2,00,000/- (Rupees Two Lakhs only) for the institution of ROSA - Dr. M. P. Udawat Fellowship.
5. Hand Surgery Orientation program has been proposed by Jaipur Hand Surgery Associates in conjunction with ROSA. Meetings are proposed across the state to increase the awareness regarding the scope of hand surgery amongst orthopaedic surgeons. The Executive committee directed the Secretary Dr. Jayant Sen to sign a formal MOU between the 2 organizations for the same.
6. Dr. J. C. Sharma Spine Fellowship – Secretary Dr. Jayant Sen informed that the fellowship has not been started still as the funds have not been transferred by OREF, Jodhpur. He mentioned repeated e-mails and telephonic conversations in this regard to Dr. S. P. Agarwal and Dr. Naveen Mathur. He also mentioned using good offices of senior members with no success. The Executive committee agreed to a suggestion by Treasurer Dr. Rahul Katta and requested Dr. Rajeev Siwach to help clear matters at Jodhpur, Dr. Mohan Mantri to speak to senior members to ensure progress in the matter and Dr. Jayant Sen to provide all help from ROSA office.

7. ROSA Best Publication Award – Dr. Anoop Jhurani has proposed to continue with his contribution of Rs. 10,000/- (Rupees Ten Thousand Only) with a matching grant from ROSA for the Best Scientific publication in a peer reviewed journal in the year 2018. The house agreed and suggested for a one time contribution.
8. ROSACON 2018 report and accounts were presented by Dr. Mahesh Gupta, Organising Secretary ROSACON 2018. He presented a cheque of Rs 5,11,000/- (Rupees Five Lakh Eleven Thousand only) as contribution to ROSA. Secretary Dr. Jayant Sen complemented for the grand organization of ROSACON 2018 and timely completion of the matter. Treasurer Dr Rahul Katta pointed out that as per ROSA Blue Book the contribution should be 10% of the gross or 50% of the savings, whichever is more. The committee thanked Dr. Mahesh Gupta and the ROSACON 2018 organizing team for their healthy contribution and all agreed to waive off the clauses due to the timely contribution in tough financial times.
9. Mid Term ROSACON 2018 – As Dr. Saurabh Mathur was busy with the conference he could not attend the meeting. The President Dr. Mahesh Gupta and all executive members praised the fantastic arrangements and the largest ever gathering of more than 150 members at Mid Term ROSACON.
10. ROSACON 2019 – Dr. B. L. Kumar Org. Chairman and Dr Anurag Talesra Org. Secretary could not attend due to previous commitments. Dr. Kuldeep Singh Nathawat, UOS member presented on behalf of them. Venue is finalized as Labhgarh Resort, Cheerwa Ghats, Udaipur. Dates are final 15th to 17th February 2019. The registration fees will remain as in ROSACON 2018. Day 1 was proposed for workshop. Day 2 will have orations. Dr. Ramesh Sen name was proposed for Dr. P. K. Sethi Oration. Name for Dr. J. C. Sharma Oration by ROSA member was also discussed. Both to be finalized by the Organizing committee with ROSA Central executives. Dr Rajeev Siwach, Past President will deliver Dr. H. R. Jhunjhunwala oration. It was also suggested to keep the scientific program interesting with a healthy mixture of Guest lectures, PG papers, panel discussions and videos. Secretary Dr. Jayant Sen requested the organizing team to follow all ROSA protocols as in ROSA blue book. He also suggested for keeping the Dr. Vinod Jaskaran Porwal Gold Medal session for PG papers on Day 2 afternoon.
11. Bone & Joint week Celebrations – Secretary Dr. Jayant Sen shared the IOA message for celebrations with emphasis on Road Safety. Proposed are public meetings and college/school visits for the same. A PPT send by IOA will also be forwarded to the members. President Dr. Mahesh Gupta sought co-operation from all for free consultations and surgeries and to send the details to the Secretary ROSA. ROSA President deputed Dr. Mohan Mantri State Representative to attend the IOA Executive meeting on 29th July 2018 at Delhi.
12. ROSA Life Time Achievement awards - were discussed. The committee finally decided on Dr. A. S. Chundawat (Udaipur) and Dr. Madhav Upadhyaya (Jaipur) to be presented at ROSACON 2019 at Udaipur.
13. All members were encouraged to help in the membership drive and contribute to the growth of ROSA.
14. With no other matter to discuss, President Dr. Mahesh Gupta thanked all members for their time and contribution for the success of the meeting.

Dr. Jayant Sen
Secretary ROSA

Case Report :- Osteochondroma on Dorsal Surface of Scapula

Authors :-

Dr. MAHAVIR JANGIR Sr. Specialist, Prof. (Dr.) SUDHIR YADAV

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Introduction :- Osteochondroma of scapula is very rare tumor. Osteochondroma is the commonest tumor of bone. Actually it is not a true tumor, as its growth stops with cessation of growth of epiphyseal plate. Stalk and head is always bony but tip is covered with cartilage.

Case Report :- We report a pedunculated variety of Osteochondroma on dorsal surface of scapula. Which is very unusual site. A 20 years old male presented to our department with complaint of pain and swelling at right side of back (at scapula), with discomfort during sleeping on his back. Swelling was not associated with any history of trauma, fever and weight loss.

On Examination :- Hard swelling of 4x3 cm was palpable on dorsum of scapula.

X-Ray & CT Scan :- revealed bony pedunculated growth on dorsum of scapula.®

Diagnosis :- Confirmed by BIOPSY.

Surgery :- Under GA patient was put in prone position after preparation of site, draping done. 5 cm. incision was made over swelling. Stalk identified and tumor excised. Remaining stumps was nibbled. Mass was sent for HPE.

Discussion :- Exostosis of scapula is rare tumor. Dorsal surface of scapula is rarest site. Most of Osteochondroma of scapula are sessile, but this was pedunculated. Solitary osteochondroma have 3% chances of converting into osteosarcoma.

Conclusion :- Case report is only for rare presentation and its unusual site. Solitary variety of Osteochondroma of scapula on dorsal surface has never been reported in our hospital.

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31st Annual Conference, ROSACON 2019

15th to 17th Feb. 2019, Labhgarh Palace & Resort, Udaipur
Theme : Orthopaedic Excellence Through Technology



31st ANNUAL CONFERENCE, 2019
Rajasthan Orthopaedic Surgeons' Association

31st ROSACON 2019
UDAIPUR

15th-17th FEB. 2019 | LABHGARH PALACE & RESORT, UDAIPUR
THEME: ORTHOPAEDIC EXCELLENCE THROUGH TECHNOLOGY

Under the aegis of

- Udaipur Orthopaedic Society
- Rajasthan Orthopaedic Surgeons' Association

Secretariat:
Dr. Anurag Talesra (Organizing Secretary)
81-Moti Magri Scheme, Udaipur (Raj.) - 313001
Mobile: 9680221159, 9414157678
E-mail: rosacon2019@gmail.com



Invitation

Dear Friends and Colleagues,

Udaipur Orthopaedic Society is deeply delighted in extending heartfelt invitation for your gracious presence and active participation in 31st Annual Conference of Rajasthan Orthopaedic Surgeons' Association being held at Labhgarh Palace and Resort, Udaipur from 15th to 17th February, 2019.

We, Orthopaedic Surgeons, enthusiastically participate in various conferences in pursuit of professional knowledge, for upgradation of surgical skills and for keeping abreast of latest relevant technologies. Keeping this inclination in mind, the theme chosen for ROSACON2019 is "Orthopaedic Excellence Through Technology."

ROSACON2019 has been planned as a residential conference at Udaipur, honouring the past trends, traditions and interests.

We eagerly wait to welcome you & your family at Udaipur, the city of lakes & palaces, where you will have ample opportunity of technology-upgradation, knowledge enhancement and socialization. A very warm welcome awaits all of you for an unforgettable experience of deep learning and cultural hospitality of Mewar.

Organizing Committee

Dr. A. S. Chundawat President, ROSA Dr. Mahesh Gupta	Dr. Ratan Sharma Hon. Secretary, ROSA Dr. Jayant Sen	Dr. Vinay Joshi Treasurer, ROSA Dr. Rahul Katta
Head, Scientific Dr. A. K. Mehra	Resource & Logistics Dr. C. K. Ameta	Trade & Exhibition Dr. Manish Chhaparwal

Patrons

Dr. B. L. Kumar
Organizing Chairman

Dr. Anurag Talesra
Organizing Secretary

Dr. Anil Gupta
Treasurer



SCIENTIFIC

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Dr. K.S. Nathawat
Dr. Ashish Singhal
Dr. V.K. Nagar

R. G. COORDINATOR

Dr. Riddhi Karan
Dr. Bhuvan Pratap
Dr. Sri Krishna Soni
Dr. Deepak Mishra
Dr. Ganesh
Dr. Vishnu

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Smt. Mohini Kumar
Dr. Sushma Joshi
Dr. Suman Panihar

SOUVENIR

Dr. Rajendra Sharma
Dr. Rahul Khanna
Dr. S.K. Purohit
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Dr. Udal Pal
Dr. Rupali Gupta

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Dr. M.P. Jain
Dr. Jitendra Rathore
Dr. Soham R.C.
Dr. Raghvendra Choubisa
Dr. Himanshu Khichar

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Dr. J.P. Sharma
Dr. O.D. Mathur
Dr. Ajay Sankhala
Dr. S.K. Bhatnagar
Dr. Mukesh Jain
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Dr. A.K. Ojha
Dr. Pankaj Jain
Dr. Santosh Yadav
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Dr. Laxmi Meena
Dr. Upendra Singh

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Dr. Manish Agarwal
Dr. Anurodh Shandilya
Dr. Ankit Chouhan

CULTURAL

Dr. M. S. Parihar
Dr. Lalit Dadhich
Dr. Purushottam Meena
Dr. R. A. Saini
Dr. Kunal Raza
Dr. Harsh Jain

SCIENTIFIC PROGRAMME (PROPOSED)

Friday 15th Feb. 2019

- Surgical Workshop
- Hands-on Workshop
- Case Discussion

Saturday 16th Feb. 2019

- Inauguration of Conference
- Orations
- Awards
- Paper Presentations
- Poster Presentation

Sunday 17th Feb. 2019

- Free Papers
- Delegations
- Post Graduates
- Poster Presentation

Registration Details

Non Residential Packages:

Category	Before 31st Oct. 2018	Before 30th Nov. 2018	After 1st Dec. 2018 & Spot
ROSA member	₹6500.00	₹9000.00	₹10000.00
Non ROSA member	₹8500.00	₹11000.00	₹12000.00
P.G. students	₹5000.00	₹7500.00	₹8500.00
Accompanying Person	₹5000.00	₹7500.00	₹8500.00
Banquet	₹1600.00	₹1800.00	₹2000.00

Residential Packages:

Category	Before 31st Oct. 2018	Before 30th Nov. 2018	After 1st Dec. 2018 & Spot
ROSA member-Twin sharing	₹20000.00	₹21000.00	₹22000.00
ROSA member- Single	₹29000.00	₹30000.00	₹31000.00
Non ROSA mem.-Twin sharing	₹22000.00	₹23000.00	₹24000.00
Non ROSA mem.-Single	₹31000.00	₹32000.00	₹33000.00
Non ROSA mem. with Acc. Person	₹32000.00	₹34000.00	₹36000.00
Extra Bed	₹7000.00	₹8000.00	₹9000.00

Inclusions:

- Conference Registration fee for Conference and Scientific Program.
- All trade entries.
- Delegate Kit (Except for Spot Registration).
- Conference Dinner on 15th Feb. 2019.
- Lunch on all three days.

Note: Banquet is Chargeable for Non-Residential Package.

Residential Packages include:

- Accommodation will be given on first come first serve basis in Labhgarh Palace & Resort or nearby hotels. (2 Nights-15-2-2019 Check in 10 am onwards, Checkout 17-2-2019 10 am).
- Early check in subject to availability, discretion of hotel.
- This package includes:
 - Conference Registration fee for Conference and Scientific Program.
 - Room at Labhgarh Palace & Resort or nearby hotels.
 - All trade entries.
 - Registration Kit.
 - All breakfast, all lunch, Conference dinner & Banquet.

Venue
Labhgarh Palace & Resort
Chirwa, Udaipur

Please send your abstract at
abstract.rosacon2019@gmail.com
before 15th December 2018.

Bank Details:
Account Name: ROSACON 2019
Payable to: -Bansal Sana, Main Branch, Udaipur
Account No. 0169101060790
IFSC/NEFT/RTGS Code: CNRB0000169
MICR Code: 613015002

Secretariat:
Dr. Anurag Talesra (Organizing Secretary)
81-Moti Magri Scheme, Udaipur (Raj.) - 313001
Mobile: 9680221159, 9414157678
E-mail: rosacon2019@gmail.com

ROSACON 2019 UDAIPUR

31st ROSACON 2019 UDAIPUR

15th-17th FEB. 2019 | LABHGARH PALACE & RESORT, UDAIPUR
THEME: ORTHOPAEDIC EXCELLENCE THROUGH TECHNOLOGY

REGISTRATION FORM

Surname _____ First Name _____ M/F _____
(Please write your name in CAPITAL letters as it will be printed in your certificate and badge)

Postal Address _____

City _____ State _____ Pincode _____

Phone (with area code) Residence _____ Clinic _____

Mobile No. _____ E-mail _____ ROSA Membership No. _____

Accompanying person Name

1. _____ Age _____ Sex _____

2. _____ Age _____ Sex _____

Category (Please mark in the box)

Non Residential Registration Package

☐ ROSA Member

☐ Non ROSA Member

☐ P.G. Student

Residential Registration Package

☐ Delegate on Twin Sharing

☐ Delegate on Single Occupancy

☐ Delegate with accompanying person

Payment Details

Conference Fee _____ Accompanying Person Fee _____

Total _____

Please find enclosed

DD/Cheque No. _____ dated _____

For Rupees _____

Issuing Bank _____ Branch _____

Cheque/DD to be made in favour of **ROSACON 2019, Payable at Udaipur.**

Bank details for NEFT - Account Name: **ROSACON 2019** Bank: **Canara Bank**, Main Branch, Udaipur

Account No: **0169101060790** IFSC Code: **CNRB0000169** MICR Code: **313015002**

Secretariat:
Dr. Anurag Talesra (Organizing Secretary)
81-Moti Magri Scheme, Udaipur (Raj.) - 313001
Mobile: 9680221159, 9414157678, E-mail: rosacon2019@gmail.com

Registration Details

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Inclusion:

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- All trade entries.
- Delegate Kit (Except for Spot Registration).
- Conference Dinner on 15th Feb. 2019.
- Lunch on all three days.

Note:

Banquet is Chargeable for Non-Residential Package.

Important Notes:

- No charges for children below 5 years
- Children above 5 years will be charged extra bed.

Registration Instructions:

- PG Students must bring a certificate from HOD with registration.
- Cheque / Demand Draft must be drawn in favour of **ROSACON 2019** payable at **Udaipur** to the Organising Secretary.
- In case of Bank Transfer, transfer details must be e-mailed along with the registration form.
- Payment receipts will be given on the spot.
- Spot registration should strictly be in cash. DD/Cheque/Credit Card will not be accepted.
- Residential delegates must carry a valid photo ID proof for hotel check in.
- Rs. 5000 will be required as advance at the time of check in (will be adjusted or refunded with your final bill).
- All ROSA members over 65 years of age are exempted from paying the conference registration fee only. There is no exemption in the accommodation package. Senior members who opt for residential package are required to pay full accommodation and accompanying person charges.
- Spot registered delegates may be provided accommodation and conference gift subject to availability.

Cancellation Policy:

- Delegates who want to cancel their registration must notify the secretariat in writing.
- 50% deduction for cancellation before 15th Nov. 2018.
- 75% deduction for cancellation before 15th Dec. 2018.
- No refund for cancellation after 15th Dec. 2018.
- Refund will be made by cheque within 30 days of the conference.

Residential Packages:

Category	Before 31st Oct. 2018	Before 30th Nov. 2018	After 1st Dec. 2018 & Spot
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This package includes

- Conference Registration fee for Conference and Scientific Program.
- Room at Labhgarh Palace & Resort or nearby hotels.
- All trade entries.
- Registration Kit.
- All breakfast, all lunch, Conference dinner & Banquet.

Achievements and Awards

Dr. Rahul Upadhyay won the Sureshwar Pandey Gold Medal for Best paper at IFASCON 2018 held at Baroda from 31st August to 2nd September 2018.



Dr. Sandeep Adke, was felicitated during 1st national IMA Doctors Conference, Mukhtangan 2018 at, Dr. D. Y. Patil Medical College Pune, on 8-9 September. as "The Most versatile Doctor".

Sponsors



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 Glucosamine 750 mg Jointace	 Perfect blend of topical Glucosamine, Chondroitin & Aroma-therapeutic essential oils Jointace GEL	 Glucosamine 1500 mg Jointace OD

Committed to Provide
Better Products for
Healthy Life Since
Many Years.



Perfect Combination for Osteoarthritis

Aflarose

Aflapin (20% AKBA) 50 mg + Rosehips Extracts 275 mg
+ Devils Claw 100 mg + Vitamin C 362.5 mg **Tablets**

When Required biomechanical strength in fracture Bone ...



Wenosis


Dalbergia Sissoo 400 mg +
Cissus Quadrangularis 500 mg **Tablets**

Strong Combination for complete wellness of bones ...

Olmicium

Calcitriol 0.25 mg + Calcium Citrate Malate 500 mg + Folic Acid 1.5 mg
+ Methylcobalamin 1500 mcg + Pyridoxine 3 mg **Tablets**



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Some of the articles published in this volume might be collected from various journals. The content of many of the articles has not been altered much to keep the subject and their theme intact with the intent to serve our society. Hence this must not be considered as plagiarism. No benefits in any form have been received or will be received from any commercial party related directly or indirectly to the subjects published in this volume.



ROSA SECRETARIAT

Dr. Jayant Sen
Hon. Secretary

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